

# Level 2

## Counselling Skills

This course aims to introduce you to the use of counselling skills in everyday life and work, and some of the approaches that underpin the use of these skills. This course gives you the opportunity to investigate the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately.



**Funding**  
Fully Funded



**Units**  
4 Units



**Session Time**  
Weekly 2.5 hour sessions



**Start Date**  
Please contact our team



**Location**  
Online Tutor Led Delivery



**Duration**  
4 -Weeks

### WHAT TO EXPECT

## Unit Break Down

Unit 1	Using Counselling Skills
Unit 2	Introduction to counselling skills theories
Unit 3	Diversity and ethics in the use of counselling skills
Unit 4	Counselling skills and personal development

## How is it delivered



IAG SESSIONS - ENSURING THIS IS THE CORRECT COURSE FOR YOU TO MEET YOUR ASPIRATIONS



ENROLMENT TO PROGRAMME CONDUCTED ONLINE AT A TIME SUITABLE FOR YOU



FLEXIBLE WEEKLY SESSIONS VIA TEAMS WITH YOUR SKILLS COACH & NEW CLASS MATES



INTERACTIVE LEARNING ACTIVITIES TO CONSOLIDATE YOUR LEARNING & BUILD CONFIDENCE



ASSESSMENT & FEEDBACK PROVIDED THROUGHOUT YOUR COURSE



1-2-1 TUTORIALS AVAILABLE AT ANY TIME



EXIT REVIEW INCLUDING IAG ON PROGRESSION ROUTES

## WHAT NEXT

# Relevant Sectors



Healthcare



Social Care



Leisure



Education



Early Years



Voluntary

## WHAT NEXT

# Progression

Learners who achieve this qualification could progress to:

- Level 3 Award in Counselling Skills and Theory
- **Level 3 Diploma in Counselling Skills**

## ELIGIBILITY FOR

# Level 2 Funding

Our courses are funded by the government, through the Adult Education Budget (AEB). To be eligible, you will need to be:

