

Level 2 Mental Health First Aid & Advocacy in the Workplace

The purpose of this course is to give you the skills to support colleagues with mental health problems. These skills will be gained by increasing your knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace.

 **Funding**
Fully Funded

 **Units**
3 Units

 **Session Time**
Weekly 2.5 hour sessions

 **Start Date**
Please contact our team

 **Location**
Online Tutor Led Delivery








 **Duration**
5 -Weeks

WHAT TO EXPECT

Unit Break Down

Unit 1	Exploring mental health
Unit 2	Understand how to support individuals with mental ill health
Unit 3	Understand a mentally healthy environment

How is it delivered

-  IAG SESSIONS - ENSURING THIS IS THE CORRECT COURSE FOR YOU TO MEET YOUR ASPIRATIONS
-  ENROLMENT TO PROGRAMME CONDUCTED ONLINE AT A TIME SUITABLE FOR YOU
-  FLEXIBLE WEEKLY SESSIONS VIA TEAMS WITH YOUR SKILLS COACH & NEW CLASS MATES
-  INTERACTIVE LEARNING ACTIVITIES TO CONSOLIDATE YOUR LEARNING & BUILD CONFIDENCE
-  ASSESSMENT & FEEDBACK PROVIDED THROUGHOUT YOUR COURSE
-  1-2-1 TUTORIALS AVAILABLE AT ANY TIME
-  EXIT REVIEW INCLUDING IAG ON PROGRESSION ROUTES

WHAT NEXT

Relevant Sectors



Healthcare



Social Care



Leisure



Education



Early Years



Voluntary

WHAT NEXT

Progression

Learners who achieve this qualification could progress to:

- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 Award in Awareness of Dementia
- Level 2 Certificate in Understanding Working in the Health Sector
- Level 2 and 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Intermediate and Advanced Apprenticeships in Health and Social Care

ELIGIBILITY FOR

Level 2 Funding

Our courses are funded by the government, through the Adult Education Budget (AEB). To be eligible, you will need to be:

