

Level 3 Certificate in Understanding Mental Health

The Level 3 Certificate in Understanding Mental Health is designed for individuals who want to deepen their knowledge of mental health and develop a more informed, compassionate approach to supporting others. It's ideal for those working or aspiring to work in education, health and social care, or community support roles where understanding mental health is valuable.

You'll explore mental health conditions, factors that influence wellbeing, and person-centred approaches that promote dignity, understanding and recovery.

Commercially Funded

Our courses are accessible through simple, flexible payment options, including PayPal and PayPal Pay-in-3, allowing you to start learning without financial barriers.

Whether you're developing your skills for your current role or preparing for a new career path, our fully accredited qualifications offer the freedom to study at your own pace — with dedicated tutor support and engaging online learning designed to fit around your life.



Cost of Course: £599

WHAT TO EXPECT

Unit Breakdown

Unit	Mandatory Units
1	Understanding the Context of Mental Health and Wellbeing
2	Promotion of Mental Health and Wellbeing
3	Mental Health Problems: Associated Issues and Consequences
4	Understanding Mental Ill Health
5	Working in Mental Health

*To be awarded the Level 3 Certificate in Understanding Mental Health, learners are required to successfully complete 5 mandatory units.

WHAT TO EXPECT

Learner Journey



E-Learning &
Self Study



1-2-1 Skills
Coach Support



Interactive
Sessions



Assignments &
Projects

**Feedback &
Reflection**

GET INVLOVED

How to Apply

Steps	
Choose your course	Speak to our team to find the perfect qualification for you
Complete your enrolment	We'll guide you through the simple process.
Start Learning	Access your materials and begin your journey to success

GET IN TOUCH

Find Out More

Get in touch with us to find out more:



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