NOVEMBER 2026 EDITION
16+ LEARNER EDITION

TOTAL TOPICS

TOTAL TRAINING PROVISION

TOPIC OF THE MONTH

Bullying, Respect & Belonging



Everyone deserves to feel safe and included.

In class, in friendship groups, online and on placement. This edition helps you recognise harmful behaviour, keep message details safely and ask for support.

— You do not need proof before you tell someone. —

What Respectful Behaviour Looks Like

Listen & Take Turns

Let people finish. You can disagree without insults, shouting or humiliation

Considerate Language

Avoid offensive jokes, stereotypes and comments about appearance.

Respect Boundaries

Ask before touching, borrowing or sharing photos and messages. Accept "no" without pressure.

Include Others

Welcome people into conversations & activities. Do not deliberately leave someone out.

Think Before Posting

Keep group chats respectful. Do not spread rumours, share private information or join pile-ons.

Take Responsibility

If you cause harm, listen, apologise and change your behaviour.

"Only Banter" Does Not Remove The Impact

A joke should feel welcome to everyone involved and stop when someone is uncomfortable

When Banter Becomes Harmful

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A joke should feel welcome to everyone involved and stop when someone is uncomfortable. Laughing along, staying silent or saying "I am fine" does not always mean someone feels safe. "Only joking" does not excuse harm.



What could this look like?

Friendship Groups
Repeated put-downs, pressure to join in or being deliberately frozen out to hurt or control you.

Class Chats
Piling on with laughing reactions, sharing embarrassing edits or removing someone so they miss learning information.

Appearance
Jokes about weight, skin, hair, clothes or visible differences can damage confidence and make someone avoid learning.

On Placement
Calling someone names or mocking them.

Recognising Bullying

Bullying often involves repeated hurtful behaviour and an imbalance of power. Power can come from popularity, a group, age, a job role or control over a chat.

One incident can still be serious
Workplace bullying can also be a one-off incident. One of these can be abuse or a safeguarding concern.

Tell staff promptly if you experience:
Threats or physical harm | Sexual comments or pressure | Discriminatory abuse | Stalking or blackmail | Fear of attending

You do not need to wait for it to happen again to ask for help.

Speak to your Skills Coach, the Safeguarding Team or another trusted member of staff

Keep Message Details Safely

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Your Safety Comes First

You can report even if messages have disappeared or you cannot save them. You do not need proof before you tell someone.



Save Only If Safe

For ordinary abusive messages, include the date, time , username, chat name and surrounding messages, keep the original unedited.

Make a Short Incident Log

Write down what happened, where, when, who was involved, any witnesses and how it affected you. Keep relevant profile or post links.

Stop If Saving Adds Risk

Some apps alert people to screenshots, if saving evidence could increase the risk, stop and ask a trusted adult or safeguarding staff for help.

Keep Records Private

Use a password-protected place. Show safeguarding staff privately and ask how to transfer records securely. Do not use class chats, shared folders or the Trello board

Important: Sexual Images of Anyone Under 18

Do not screenshot, download, copy or forward nude or sexual images of anyone under 18. Tell safeguarding staff where the content is without sharing the image.

Report, Block and Step Away

Use the app's report and block tools. Do not stay in an unsafe chat or keep engaging to collect more evidence.

Positive Reminders After Bullying

- I deserve to feel safe and be treated with respect.
- Hurtful comments do not define who I am.
- I can set boundaries and ask for help.
- I can take my time to rebuild my confidence.

You do not have to feel positive all the time or face bullying alone.

Real Stories, Real Support

Read Jordan's Story →

Read Lola's Story →

Bullying Support & Advice

Safeguarding at TTP

During your training: Tell your Skills Coach, the Safeguarding Team or another trusted member of TTP staff.

At Work: Tell your manager, HR, safeguarding contact or Skills Coach

If the concern is about that person, tell someone else you trust.

Safeguarding Support & Reporting →

British Values & Support

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Put British Values Into Practice

Democracy
Vote on respectful group expectations, such as asking before sharing photos and including everyone in course chats. Rights and safety cannot be voted away.

Rule of Law
Use fair reporting and complaints routes.

Individual Liberty
Everyone can set boundaries, say no and ask for help without pressure, intimidation or retaliation.

Respect & Tolerance
Challenge prejudice safely. Respect different beliefs, including non-belief. You can disagree with an idea without insulting or threatening a person.

Choose The Right Support

Childline
Free support for anyone under 19. Talk about bullying, friendships or anything worrying you. Call 0800 1111, day or night, or use online support.

STOP HATE UK
Information and independent support about hate incidents and hate crime. Check whether reporting services cover your area.

ACAS
Free, impartial workplace guidance for learners in employment, including apprentices. Tell TTP too if someone on placement targets you.

Report Harmful Content
Guidance on reporting harmful posts or messages. Use the under-18 advice if appropriate and ask a trusted adult or TTP for help.

CEOP Safety Centre
A specialist route for concerns about online child sexual abuse or grooming. For bullying support, use TTP or Childline.

Support That Works For You
If you need help understanding information or reporting a concern, speak to your Skills Coach or the Safeguarding Team.

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Inclusivity Calendar

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Your Wellbeing, Safety & Support

Scan the QR code to explore our wellbeing, safety and support resources. Find useful advice and organisations you can turn to when you need help.

To report a concern, contact TTP directly. Please do not post personal information or screenshots on the board.



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M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8 Diwali & Bandi Chhor Divas Remembrance Sunday
9	10	11	12	13 BBC Children in Need Appeal	14	15
16 Anti-Bullying Week → 20th	17	18	19 UK Disability History Month → 19th Dec	20 Transgender Day of Remembrance	21	22
23	24	25 16 Days of Activism → 10th Dec	26	27	28	29
30						